

REGION 3 : 2023 IMLCA ALL-REGION HONORS

| | | |
|-------------------------------------|--|--|
| 1st Team | Attack | Cross Ferrara (Salisbury) 5th Year Sr. -1st Team Conf. |
| 1st Team | Attack | Alex Brendes (Christopher Newport) Senior -1st Team Conf. |
| 1st Team | Attack | Jude Brown (Salisbury) 5th Year Sr. -1st Team Conf. |
| 2nd Team | Attack | Von Mabbs (Swarthmore College) Junior |
| 2nd Team | Attack | Will Harnick (York) Senior |
| 2nd Team | Attack | Kyle Howard (Gettysburg College) Senior |
| Honorable Mention | Attack | Ben Mayer (York) Sophomore |
| Honorable Mention | Attack | Luc Swedlund (Stockton) 5th Year Sr. -1st Team Conf. |
| Honorable Mention | Attack | Dillon McManus (Cabrini) Senior -1st Team Conf. |
| 1st Team | Midfield | Andrew Cook (Christopher Newport) Senior -1st Team Conf. |
| 1st Team | Midfield | Jack Dowd (Salisbury) Senior -1st Team Conf. |
| 1st Team | Midfield | Coby Auslander (Christopher Newport) Senior -1st Team Conf. |
| 2nd Team | Midfield | James Isaacson (Dickinson College) Junior |
| 2nd Team | Midfield | Will Farrell (Dickinson College) Senior |
| 2nd Team | Midfield | Cam Leydig (Stevenson) 5th Year Sr. |
| Honorable Mention | Midfield | Christopher Crapanzano (University of Scranton) Senior -1st Team Conf. |
| Honorable Mention | Midfield | James Dalimonte (Muhlenberg College) Senior |
| Honorable Mention | Midfield | Jake Schneider (Cabrini) Sophomore -1st Team Conf. |
| 1st Team | Defenseman | Ryan Young (Christopher Newport) Senior -1st Team Conf. |
| 1st Team | Defenseman | John DeFazio (Salisbury) Junior -1st Team Conf. |
| 1st Team | Defenseman | Zach Timmons (Salisbury) Senior -1st Team Conf. |
| 2nd Team | Defenseman | Zack Puckhaber (Gettysburg College) Senior |
| 2nd Team | Defenseman | Brent Blackmon (York) Senior |
| 2nd Team | Defenseman | Seamus McCloskey (Dickinson College) Junior |
| Honorable Mention | Defenseman | Joseph Cawley (Stevens Tech) Senior |
| Honorable Mention | Defenseman | Matt Hughes (Cabrini) Freshman -1st Team Conf. |
| Honorable Mention | Defenseman | Thomas Ballard (Salisbury) 5th Year Sr. -2nd Team Conf. |
| 1st Team | LSM | Ethan Greene (York) 5th Year Sr. |
| 2nd Team | LSM | Zack Kaut (Cabrini) 5th Year Sr. -1st Team Conf. |
| Honorable Mention | LSM | Frank Barbera (Gettysburg College) Sophomore |
| 1st Team | SSDM | Campbell Pozin (Christopher Newport) 5th Year Sr. -1st Team Conf. |
| 2nd Team | SSDM | Jackson Shields (York) Sophomore |
| Honorable Mention | SSDM | Zack Kinsella (Gettysburg College) Senior |
| 1st Team | Goalie | Chris Brandau (Dickinson College) Senior |
| 2nd Team | Goalie | Zac Hanway (Christopher Newport) Senior -1st Team Conf. |
| Honorable Mention | Goalie | Ryan Leahy (Stevens Tech) 5th Year Sr. |
| 1st Team | FaceOff | Warner Cabaniss (Christopher Newport) Sophomore -1st Team Conf. |
| 2nd Team | FaceOff | Vinny Facciponti (York) Senior |
| Honorable Mention | FaceOff | John McKee (Dickinson College) Junior |
| Coaching Staff | Salisbury University | |
| Offensive Player of The Year | Andrew Cook (CNU) Senior - 1st Team Conf. | |
| Defensive Player of The Year | John DeFazio (Salisbury) Junior - 1st Team Conf. | |